

Covid-19 Studio Procedures (August 20, 2020)

The following procedures will be in effect for students, parents, and teachers until further notice.

Preparation for returning to class:

- Staff and dancers (and members of their families) should have NO signs or symptoms of Covid-19 in the past 14 days. If symptoms appear, *please inform the school office immediately.* (Symptoms include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea)
- If a member of your family has been informed that they have been in proximity to someone confirmed or suspected of having Covid-19, *you must contact the school office immediately.*
- Staff members and dancers (and members of their household) who have participated in high risk activities (such as travel or attending large gatherings) are asked to self quarantine for 14 days before returning to in person classes. Dancers will have the option to take class virtually through Zoom.
- Staff and dancers should bring their own personal water bottle(s) to avoid using the communal water fountain. We will have water bottles for sale for \$1 at the studio.
- Hair should be hairsprayed with no wispsies to limit dancers touching their face and eyes.
- Dancers should wear their dance clothes under their street clothes arriving and leaving, so as to avoid changing clothes within the building.
- Everyone entering the building will need to sign a Covid-19 liability waiver prior to entry. This waiver states that you understand the risks and the contagious nature of Covid-19. If anyone is not comfortable returning to the studio, we will stream the class through Zoom to accommodate at-home practice. *Please contact the school office in advance to make Zoom arrangements.*

Upon arrival:

- To limit the number of people in the building, we will be implementing a drop-off/pick-up only policy. Until further notice, parents will not be allowed to wait in the lobby. If you would like to speak with a staff member or teacher in-person, please contact the school and we can make

arrangements to do so. (*Pre-Ballet parents will be allowed into the lobby to help their student use the bathroom before class, but may not wait in the lobby during class.)

- Masks will be required for ALL staff members, dancers, or parents entering the building, and must remain on for the duration of time in the building. If anyone has a medical condition preventing them from doing so, *please contact the school office in advance*.
- Temperature checks will be required for anyone entering the building. A staff member will use a no-contact thermometer and keep a record (which will be kept confidential). If a temperature is greater than 100.4 degrees Fahrenheit, then the individual must go home and monitor symptoms and contact a physician. A doctor's note will be needed to return to in-person classes.
- All street shoes should be removed at the doorway to the studio and carried to a marked barre spot.
- Dancers will take all of their belongings into the studio to avoid congregating at the cubbies.
- After placing their belongings in the studio, staff and dancers will be directed to wash their hands with soap and water for at least 20 seconds, following CDC guidelines.

In the Studio:

- Class sizes will be limited based on the size of the studio to ensure that dancers are able to maintain appropriate distance.
- Barres will be marked to direct dancers where to stand to allow social distancing. Dancers should take their belongings to a marked spot and leave their items there for the duration of their time in the building.
- The center of the floor will also be marked to allow for appropriate distancing.
- Dancers will be directed to wash their hands after barre and at the end of each class.
- Cardio aspects of class will be conducted at low intensity to accommodate the use of masks.
- Tactile corrections will be limited. If you would prefer that teachers have no contact with your student, *please inform the school office prior to the start of classes*.

Departure:

- At the conclusion of the final class, dancers will wait to be picked up outside (weather permitting) or inside at an appropriate distance. If someone other than a parent will be picking a student up, *please inform the school office in advance.*

Cleaning & Disinfecting:

- Frequently touched surfaces will be cleaned and disinfected regularly with an EPA-approved disinfectant.
- Barres will be disinfected after every class with an EPA-approved disinfectant.
- Studio floors will be cleaned and disinfected regularly with an alcohol solution.
- Use of shared objects (barres, mats, props) will be limited and cleaned between use.

Additional Information:

- In the event that a member of our school or faculty is confirmed/suspected of having Covid-19, the building may need to be closed for a period of time to allow for appropriate ventilation of the studios, as well as cleaning and disinfecting. Should we determine that the building needs to be closed, all classes will be moved to a live, virtual setting through Zoom.

- Please see the following CDC document for how you can help prevent the spread of Covid-19 within our dance community:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

- Please see the attached DanceUSA document for their recommendations for dance company return-to-studio policies:

https://dance-usa.s3.amazonaws.com/page_uploads/COVID%20-%20RETURN%20TO%20DANCE%20-%20MAY%202020%20-%20PDF.pdf